



PEERS IN THE MULTIDISCIPLINARY TEAM ACTIVITY*

▶ ABOUT THIS ACTIVITY

 **Time:** 30 minutes

 **Objectives:** By the end of this session, participants will be able to:

- Describe key aspects of being a peer educator
- Identify common qualities of peer educators;
- Understand the different roles we play as peer educators.

 **Training Methods:** Dyad Activity, Large Group Discussion

 **In This Activity You Will...**

- Facilitate activity about what are and are not the qualities of peer educators (10 minutes)
- Elicit answers about what are and are not the qualities of peer educators (10 minutes).
- Lead a group discussion to summarize (10 minutes)

 **Materials:**

- Handout – Peer Educators in the Multi-Disciplinary Team Activity
- Pencils/Pens
- Questions on newsprint
- Markers

 **Preparation:**

- Print handouts
- Write questions on newsprint

Instructions

1. Explain to participants that everyone will need to complete the questions on the activity sheets.
2. Ask participants to form into dyads or pairs.
3. Participant A will ask interview B following the questions on the activity sheet.
4. Participant B will ask interview A following the questions on the activity sheet.
5. A co-facilitator (if available) will write on newsprint the answers to the questions. If no co-facilitator is available, the interviewer will record answers on newsprint.
6. Review participant answers while emphasizing the common qualities of Peer Educators.
7. Upon completion of this activity post on the wall to refer to during the training

Summary

Summarize common qualities based on participant feedback from the activity. Acknowledge that as we go through this training we will learn about more qualities that were not mentioned today, but are essential to being a peer educator. Now we will learn about incorporating a peer educator as part of a health care team or multi-disciplinary team.

* This module is part of the online toolkit Building Blocks to Peer Success. For more information, visit http://www.hdwg.org/peer_center/training_toolkit. This module comes from the Missouri People to People Training Manual, 2008.

