







ADHERENCE TOOLS*

▶ ABOUT THIS ACTIVITY

-  **Time:** 30 minutes
-  **Objectives:** By the end of this session, participants will be able to:
 - List 4 common adherence tools and how they are used.
-  **Training Methods:** Brainstorms, Large Group Discussion
-  **In This Activity You Will...**
 - Demonstrate and discuss various adherence tools (30 minutes)
-  **Materials:**
 - Flip chart and easel
 - Markers
 - Eraser
 - Samples of adherence tools such as pill box, Cadex Watch, calendar, pager, individual pill pack, key chain, cell phone as timing device, etc.
-  **Preparation:** Make sure you have samples of adherence tools.

Instructions

1. Introduce session.
2. Ask participants to brainstorm adherence tools that they and their clients have used.
3. Discuss the usefulness of each.

Summary

Wrap up session

* This module is part of the online toolkit *Building Blocks to Peer Success*. For more information, visit http://www.hdwg.org/peer_center/training_toolkit. This module comes from the Comprehensive Peer Worker Training, Peer Advanced Competency Training (PACT) Project Harlem Hospital Center, Division of Infectious Diseases, 2008.