

CLOSING CIRCLE*

▶ ABOUT THIS ACTIVITY

- 🕒 **Time:** 20 minutes
- ➔ **Objectives:** By the end of this session, participants will be able to:
 - Be aware of strengths and weakness they have as peer educators.
- ✓ **In This Activity You Will...**
 - Introduce a participant who will read a blessing or poem (5 minutes).
 - Express appreciation for the participants and invite participants to share their appreciation of others (15 minutes).
- ✂ **Materials:**
 - Markers
 - Flip Chart
- ✂ **Preparation:**
 - Before the session begins, identify a participant who will agree to say a blessing or read a poem.
 - Make sure the burden basket is available.

Instructions

1. Begin closing exercise. Ask participants to form a circle.
2. Ask one participant to say a blessing or read a meaningful poem.
3. Thank that participant for sharing the blessing/poem.
4. Each trainer should express her appreciation for the dedication and enthusiasm of the participants in the group. Then ask if others have anything they would like to share. Allow time for shy people to speak.
5. As the final closing, ask each participant to say one thing they could do differently as a result of this training. This can be from their action plan or a new thought. Trainers should go first. Start statement with “I commit to...”

Who would like to share a few thoughts in our closing circle? Please say one thing you will do differently as a result of the training. I will start. I commit to_____. Who would like to go next?

6. Continue around the circle. Thank participants.

This has been an amazing experience. We are a dynamic group of people. Thank you for all of your time and energy.

7. Ask participants if they'd like to take their burdens back.

The Burden Basket is still here. If any of you want your burdens back, you can take them now. I hope that you will remember to take opportunities to put your worries aside and make time for yourself.

Summary

Peer educators must continue to build on the skills they already have.

* This module is part of the online toolkit Building Blocks to Peer Success. For more information, visit http://www.hdwg.org/peer_center/training_toolkit. This module comes from Duke University, Partners in Caring; Center for Creative Education, 2006.