


EXPECTATIONS: ESTABLISHING GROUP RULES*

▶ ABOUT THIS ACTIVITY

 **Time:** 15 minutes

 **Objectives:** By the end of this session, participants will be able to:

- Describe what is expected of participants by the training program.
- Discuss what trainees can expect from each other.
- List conditions for a safe learning environment and establish ground rules.

 **In This Activity You Will...**

- Guide a group discussion about expectations that trainees have for themselves during the training (15 minutes).

 **Materials:**

- Newsprint – special “post-it” type
- Markers

 **Preparation:** None

Instructions

1. Present to participants that we are going to spend a lot of time together in the next 3 weeks and we would like to make it the best learning experience possible.
2. Ask participants to brainstorm important ground rules that participants should observe. (Offer suggestions as needed such as not interrupting).
3. Add the following if they are not brought up by participants: not interrupting, cell phones, arriving on time, trainers letting participants out on time, attendance to get certificate, confidentiality, spelling never matters for quizzes etc.

Summary

Wrap up session.

Note: This is a useful way to set ground rules while allowing the participants to take ownership of the training. It is also an early way to model interactive training and brainstorming.

* This module is part of the online toolkit Building Blocks to Peer Success. For more information, visit http://www.hdwg.org/peer_center/training_toolkit. This module comes from the Comprehensive Peer Worker Training, Peer Advanced Competency Training (PACT) Project Harlem Hospital Center, Division of Infectious Diseases, 2008.