


# FIVE THINGS IN COMMON\*

## ▶ ABOUT THIS ACTIVITY

 **Time:** 10 minutes


 **Objectives:** By the end of this session, participants will be able to:

- Get to know each other in more depth.
- Describe things they have in common with other participants to help create a sense of community.

### In This Activity You Will...

- Ask participants to find 5 things they have in common with others at their table (10 minutes).

 **Materials:** None

 **Preparation:** None

## Instructions

1. Tell the table groups that their assignment is to find at least 5 things they have in common with every other person in the group, that have nothing to do with work. [Instruct groups not to include body parts (we all have legs and arms) or clothing (we all wear pants and shoes). This helps the group explore shared interests more broadly].
2. Tell the groups that one person should record the commonalities and be ready to read their list to the whole group upon completion of the assignment.
3. Check in with groups after 5 minutes, then give them 2 minutes more.
4. Ask for a volunteer to read their group's list first. Then ask the other groups to share their lists with the class.
5. Ask participants what they have in common with the group as a whole.
6. Ask participants if there were any surprises here: did they discover that they had more in common with others in the room than they would have originally thought?

## Summary

Wrap up session.

**Note:** This is a nice exercise for participants to get to know each other and can also be fun for trainees who work together to get to know each other better.

\* This module is part of the online toolkit Building Blocks to Peer Success. For more information, visit [http://www.hdwg.org/peer\\_center/training\\_toolkit](http://www.hdwg.org/peer_center/training_toolkit). This module comes from the Comprehensive Peer Worker Training, Peer Advanced Competency Training (PACT) Project Harlem Hospital Center, Division of Infectious Diseases, 2008.