



HIV Treatment Adherence Survey

I. Please answer true or false to each question.

		True	False
1.	You can tell if a person has HIV because they look sick.		
2.	It is not harmful for an HIV positive person to have unprotected anal or vaginal sex with another HIV positive person because they are both already HIV positive.		
3.	Viral load is a measure of how many copies of HIV were detected in your blood test.		
4.	I feel that everyone should start taking HIV medications as soon as they are diagnosed so they can live a long healthy life.		
5.	Moderate exercise may help lessen some of the side effects associated with HIV and HIV treatments.		
6.	Good nutrition plays a vital role in the ability of the immune system to fight HIV and prevent AIDS related infections.		
7.	Using tobacco, caffeine, recreational drugs, and alcohol does not have an impact on the immune system.		
8.	If you have problems with your appetite or digesting your food, you should talk to your health care provider about it.		
9.	I take more than half of my HIV medications (ART) which I think is better than taking none at all.		
10.	If I have side effects from my anti-HIV medications, I stop taking them until my next doctor's visit.		
11.	If I lived with or took care of a person with HIV, I would definitely avoid using the same eating utensils as precaution against catching HIV.		
12.	I will not become resistant to my anti-HIV (ARV) medications when I adhere to medications at least 95% of the time.		
13.	I eat a variety of foods from the food pyramid because I believe that good nutrition plays a vital role in fighting HIV/AIDS related infections.		
14.	When I take my HIV medications as scheduled/prescribed I feel in control of my HIV.		

II. Please circle the most appropriate response to each question below.

1. When I have a busy or changing schedule, it is OK to take doses a few hours early or late.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree

2. I believe my medications for HIV will have a positive effect on my health.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree

3. Disclosure is a very personal and private decision; therefore, I disclose only when I feel comfortable enough with the person(s) in my life.
 - a. Strongly Agree
 - b. Agree
 - c. Disagree
 - d. Strongly Disagree

4. People who have AIDS get opportunistic infections because:
 - a. When HIV enters the body, the virus replicates itself and causes infections
 - b. The drugs used to treat HIV cause infections
 - c. HIV weakens the immune system and makes it difficult to fight disease
 - d. All of the above

5. Health care workers use universal precautions when caring for:
 - a. Patients known to have AIDS
 - b. Patients who may have HIV
 - c. Patients with any diagnosed infectious disease
 - d. All patients

6. HIV is more likely to be transmitted during oral sex:
 - a. To the person receiving semen or vaginal fluids in his or her mouth.
 - b. To the person having oral sex performed on him or her.
 - c. On in man-to-man oral sex.
 - d. Only in woman-to-man oral sex.

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7. Most women with HIV/AIDS became infected by:
 - a. Their fetuses during pregnancy
 - b. Sharing needles or having sex with someone who has HIV
 - c. Taking care of people with AIDS
 - d. No one really knows for sure how women become infected
8. People who are infected with HIV can infect others:
 - a. Only after they have had a positive HIV test result.
 - b. If they have symptoms of AIDS
 - c. After they become infected, even if they look and feel healthy
 - d. If they develop an opportunistic infection
9. The risk of HIV infection from blood donated by a family member or friend:
 - a. Is much lower than the risk from blood donated by the general public.
 - b. Is about the same as the risk of getting HIV from a transfusion of blood from the general public.
 - c. Is so low that testing of the blood is not required.
 - d. Is not an issue because this type of donation is no longer an option in the United States.
10. Blood from a person with HIV may test negative for signs of HIV if the person:
 - a. Was recently infected
 - b. Currently has a sexually transmitted disease (STD).
 - c. Has not yet developed opportunistic infections.
 - d. Is in good physical health.
11. HIV+ mothers may transmit the virus to their infants:
 - a. Before birth
 - b. During the birth process
 - c. Through breastfeeding
 - d. All of the above
12. For many people with HIV, combination therapy can:
 - a. Extend and improve the quality of life
 - b. Block the ability of HIV to multiply
 - c. Protect the immune system for some time
 - d. All of the above
13. How many doses of medications have you missed in the last three days?
 - a. None
 - b. One
 - c. Two
 - d. Three
 - e. More than three
 - f. I am not taking any medications
14. I clean my “works” (drug-injecting equipment) correctly with water and chlorine bleach several times, each time.
 - a. I do not use “works”
 - b. Most of the time
 - c. Never
 - d. Every time
15. How often did you use condoms or dental dams when you had sex with other people in the past month?
 - a. I did not have sex with anyone in the past month
 - b. Every time
 - c. More than half the time
 - d. Less than half the time
 - e. Never
 - f. Cannot remember/don't know

Thank you for completing this questionnaire!

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