


PARTICIPANT INTRODUCTIONS*

▶ ABOUT THIS ACTIVITY

 **Time:** 60 minutes

 **Objectives:** By the end of this session, participants will be able to:

- Begin to get to know other participants.

 **In this activity, you will ...**

- Ask participants to create an introductory collage (30 minutes).
- Ask participants to introduce themselves (30 minutes).

 **Materials:**

- Flipchart and markers
- Magazines
- Polaroid Camera
- Stapler
- Tape
- Glue
- Any other arts and crafts materials

 **Preparation:**

- Write on flipchart:
 1. Collage: Name, Why I am here today, my strengths (2-3), year diagnosed, my favorite things (2-3), anything else you want us to know about you.
 2. Strengths of our group

Instructions

1. Tell the group: We are now going to take a little bit of time getting to know each other.
2. Hand out a large piece of construction paper to each individual.
3. Take a Polaroid picture of each person and attach to their paper.
4. On their piece of paper have them write, draw, or creatively make a collage of their name, where they are from, years positive, why they are here today (expectation from the training), favorite things, and strengths they bring with them and anything else they want us to know about them. Give 20 minutes.
5. Ask participants to introduce themselves to the larger group using their collage.
6. Post the collages around the training room throughout the week.
7. Encourage all the participants to visit them during the breaks and to write encouraging and positive words for each other throughout the week.

Summary

Point out the diversity of the group and the variety of the strengths. Add more strengths throughout the training as more strengths are revealed.

* This module is part of the online toolkit Building Blocks to Peer Success. For more information, visit http://www.hdwg.org/peer_center/training_toolkit. This module comes from the Lotus Women's Peer Education Training Manual, Center for Health Training and Women Organized to Respond to Life Threatening Diseases (WORLD), 2008.