

TRUTH OR FICTION*

▶ ABOUT THIS ACTIVITY

- 🕒 **Time:** 1 -2 minutes per person
- ➔ **Objectives:** By the end of this session, participants will be able to:
 - Learn something else new about each other.
- ✂️ **Materials:**
 - Slips of paper or index cards; pens or pencils
- 🔪 **Preparation:** None

Instructions

1. Give each group member a piece of paper or a 3x5 card, and a pen or pencil. Ask them to write down 3 things about themselves. Two of the things should be true; one should be false.
2. Go around the room, and ask each person to take turns reading their paper. The other participants (and the leader) should guess which item is false. After everyone has guessed, the participant should confess. Then move on to the next person.
3. This can be just a fun, light opener, or it can be processed more deeply by discussing assumptions and how first impressions impact our assumptions about one another.

* This module is part of the online toolkit Building Blocks to Peer Success. For more information, visit http://www.hdwg.org/peer_center/training_toolkit. This module comes from the Lotus Women's Peer Education Training Manual, Center for Health Training and Women Organized to Respond to Life Threatening Diseases (WORLD), 2008